

RECIPE

Guacamole With Tofu and Caraway

great as a dip, spread on toast, popular with children

1 large avocado 250gm soft tofu
2 cloves garlic 4 tbsp lemon juice
Pinch of cayenne pepper (optional)
1 tsp caraway seeds salt
Freshly ground pepper
1 medium tomato, chopped very small

Mash avocado well with tofu, Mix in crushed garlic, lemon juice, caraway seed, cayenne, salt and pepper. Add chopped tomato. Stand mixture for at least 30 mins to allow caraway seeds to permeate the guacamole.



RECORDS OF MONITORING

For GAP auditing, prior to harvest, you will need to have kept your monitoring records, along with proof that you have a monitoring plan agreement with an Operator.

If you need copies of your monitoring records, please contact the office. They can be emailed to you. A small fee may apply, so keeping your own records when we send you the monitoring results, is the best idea.

INTERESTING

Cathy and Kazel had an interesting encounter on an orchard recently when they came across pet birds living in a tree.



MONITORING CALENDARS

If you haven't signed and returned your Monitoring Calendar to us, and are not monitoring regularly or semi-regularly, you may be deemed to be **non-compliant for AvoGreen.** AIC are now checking the Spray Diary against monitoring's plus fruit is being tested for spray residues. We have had some growers AvoGreen status questioned, so please help us help you by getting your Calendar back to us ASAP. AIC are tightening the Compliance Protocol.



For those who have lost or not returned the A4 Calendar sent last August, please contact the office and we will send a replacement.

MEET THE STAFF

Kazel joined our team in October last year, having rung looking for work about the same time as Carol Wesley handed her notice in. Knowing that Kazel had been tutoring in Horticulture at BOP Polytech and having a Degree in Horticulture from Massey University, we grabbed her quickly and know we have made a great choice.

Kazel and her teacher husband, have a lifestyle block up the Kaimai's based on permaculture principles, with geese grazing the grass under their 40 avocado trees, as well as the occasional pig. Her strong interest in sustainability and self sufficiency is seen everywhere if you have the pleasure of visiting her property, with the many animals, interesting plants of all sorts, kids and usually a few WWoofers's.



ENQUIRE NOW



Monitoring: *Avocado*
Tamarillo
Flowers
Citrus
Other Crops
AvoGreen Training
Soil Testing & Leaf Tests

CONDOLENCES

Our condolences' go to Jojette and Ross on the loss of Ross's brother after a long illness. Our thoughts and prayers are with you and your family.



Do you realise you can pay us through Farmlands and receive shareholder rebates?



Contact: Office 07 544 2201

Cathy Harris mob: 027 235 3919

Jojette Drost mob: 027 246 6303

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E.& O.E.



“Working for the Grower”



January size young fruit.

Newsletter February 2015

FROM THE OFFICE

Our staff are very busy now that growers are mostly monitoring fortnightly. We aim to respond to all enquires the same day or within 24 hours, but if we seem tardy getting back to you about anything, please feel free to ring or text and remind us.

Marise is now stepping into more of the office duties and is sending out reports if they are in by 5pm on Tuesday's. She is away for a few days this month, taking overseas visitors to see NZ.

OWNER OPERATOR REFRESHER TRAINING

Please send us an email or phone us if you intend to renew your Owner Operator licence and let us know when would suit you best. We will post suitable times on our website.

PEST UPDATE



AVOCADOS

Six-spotted mite—no longer an issue due to heat and less stress on the trees

Scale - use reject analysis to justify a spray. Late March, into April as that is when the Scale eggs hatch and the crawlers move for a few days.

Leafroller—growing rapidly

- ☛ They are now finding good shelter from sprays between fruit and leaves
- ☛ A lot of damage has already been done
- ☛ Monitor at least every 3 weeks
- ☛ If you have a large crop up high and none for your monitor to reach during a monitoring round, use a raised platform to retrieve infested fruit for your monitor to record when she visits.



Leafroller are growing fast and getting more difficult to kill, now that they are sheltered between fruit or webbed and rolled up in leaves. The worst damage has already been done as fruit were small, but it is still possible for large holes to be chewed in fruit.

Greenhouse Thrip—monitor 2 wkly

Despite the patchy fruit set we recommend that growers aiming for export spray back to back sprays for thrip once at 2%.

Contact your spray contractor **as soon as you can** after a result of 2% or more thrip. Remember to order your second spray at the time of ordering the first spray. The second spray is necessary to kill emerging young that are **protected** from spray because eggs are laid under the skin. The second thrip spray should be applied 14 to 21 days after the first, and requires no monitoring to justify it. The closer to 14 days the 2nd spray is applied, the more likely you are to kill the juveniles before they become adults and lay more eggs.

A **monitoring is only current for 28 days**, meaning that the **first** thrip spray must be applied within 28 days of a monitoring. If you have a low level of Thrips, and decide not to spray yet. you are strongly advised to monitor again a week later. These creatures multiply fast and damage large areas of fruit very quickly!

CITRUS

Kelly's Citrus Thrip abound at this time. Fortnightly monitoring is recommended to keep a close watch on these. Flower moth are also plentiful, as are beetle larvae in the flowers and calyxes of fruit.

Watch for Citrus red mite after any hard sprays.



FLOWERS

These hot dry days are the conditions that the 2 Spotted mite love. We have seen them devastate Hydrangea's particularly and can be extremely hard to control. Persimilus mite are the natural predator of 2 Spotted mite, but will not wipe them out completely as that will do away with their food source.

WANTED

Cathy and David are needing half a roll of No. 8 wire in good condition. Phone David 07 544 2201.